

**Friendly · Loving
Tender · Warm**



Feelings

www.thenofaultzone.com

Frustrated



Feelings

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Thankful · Grateful



Feelings

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Playful · Exuberant



Feelings

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Unsettled · Concerned
Tense



Feelings

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Peaceful · Content
Calm · Relaxed



Feelings

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Scared · Worried
Afraid



Feelings

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Excited · Enthusiastic
Energetic · Eager



Feelings

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Confused · Puzzled
Mixed Up · Unsure



Feelings

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Surprised · Shocked



Feelings

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Happy · Glad
Delighted · Cheerful



Feelings

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Sad · Unhappy
Disappointed · Lonely



Feelings

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Angry · Mad
Furious · Upset



Feelings

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Curious · Interested



Feelings

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Feelings

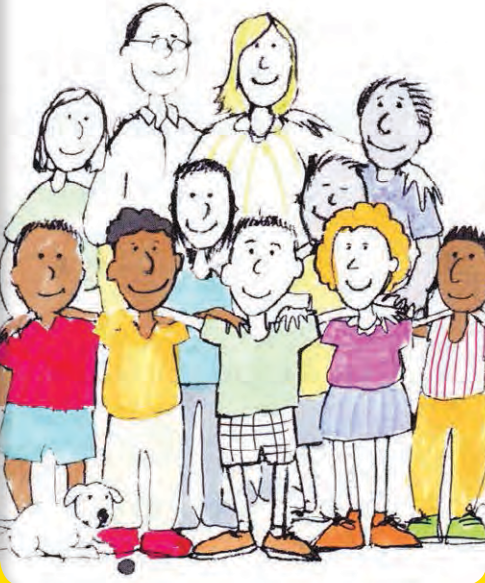
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Feelings

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Community · Friends Belonging



Needs

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Play · Fun



Needs

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Rest · Relaxation



Needs

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To Be Heard To Be Understood



Needs

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Understanding Others Empathy



Needs

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Understanding Me Self-Empathy



Needs

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Capability Competence · Skills



Needs

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Learning · Exploration Discovery



Needs

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Choice · Autonomy Freedom



Needs

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Self-Expression Creativity



Needs

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Safety · Trust



Needs

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Giving · Sharing

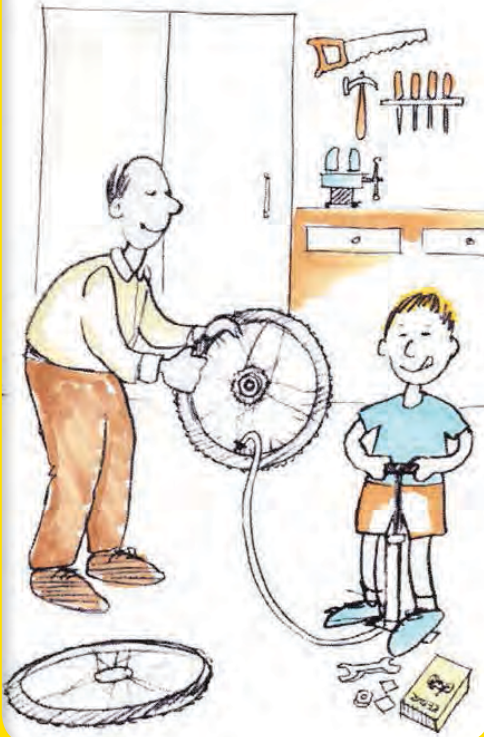


Needs

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Help · Support



Needs

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Respect · To Matter To Be Considered



Needs

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Needs

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