



vennlig • kjærlig
varm



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frustrert • irritert



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takknemlig • glad



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leken • sprudlende



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**stresset • bekymret
anspent**

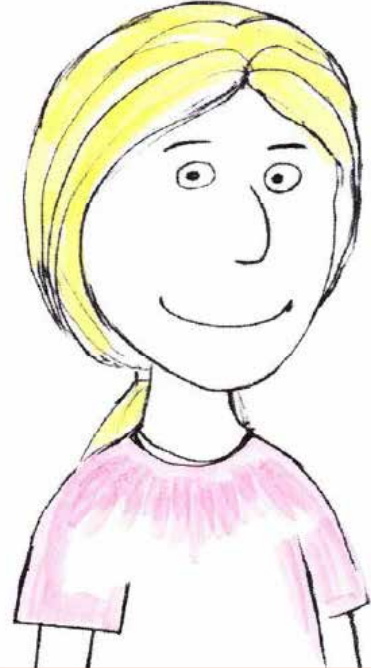


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**fredelig • tilfreds
rolig • avslappet**



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**redd • engstelig
urolig**



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**begeistret • ivrig
entusiastisk
full av energi**



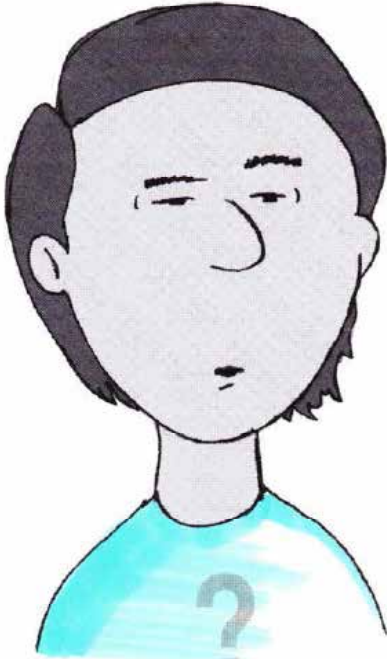
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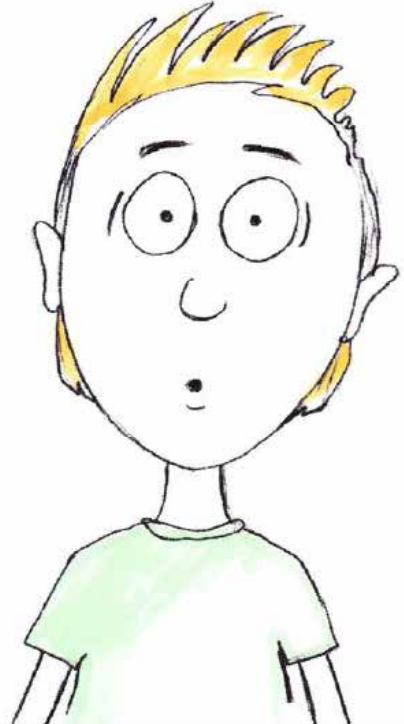
forvirret • forbauset
splittet • usikker



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overrasket • sjokkert

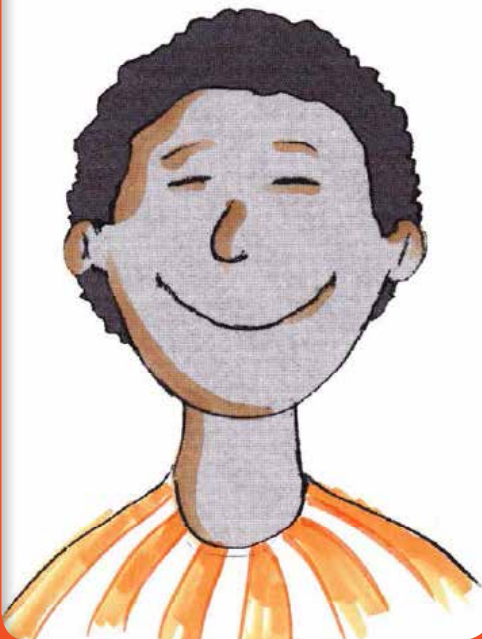


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lykkelig • glad
fornøyd • i godt humør



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lei seg • ulykkelig
skuffet • ensom

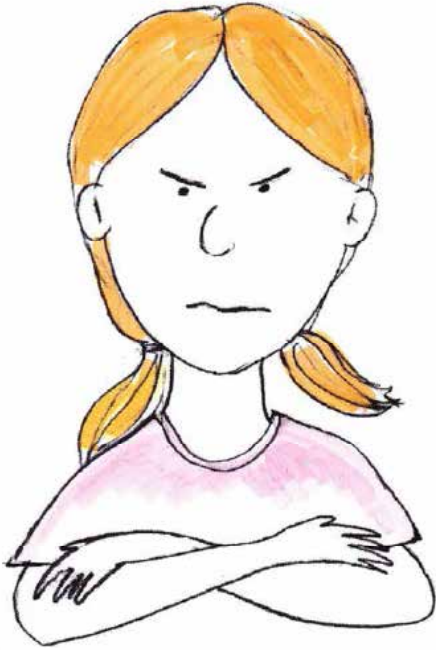


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sint • sur
rasende • opprørt



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nysgjerrig
interessert



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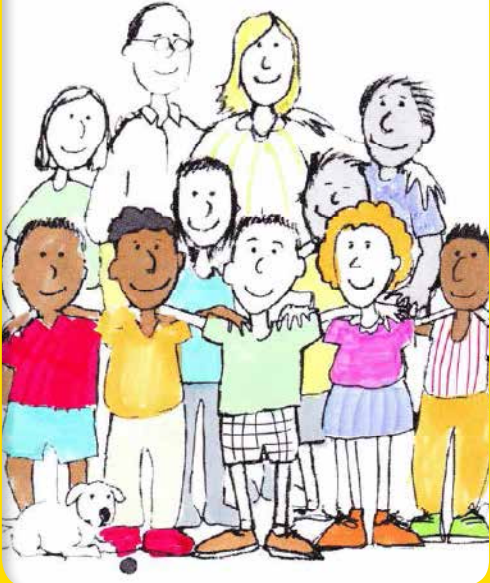
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**felleskap • vennskap
samhørighet**

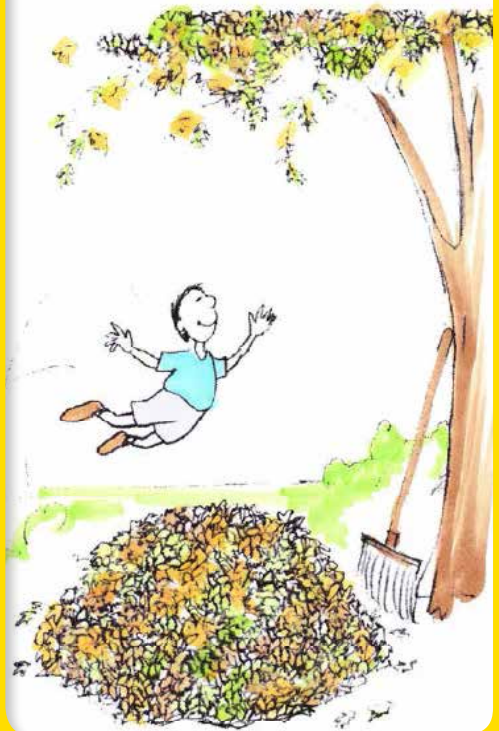


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lek • moro



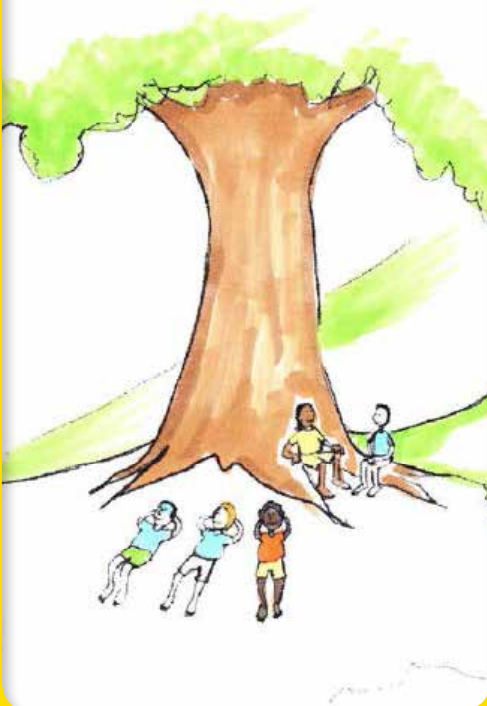
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hvile • avslapning



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**bli hørt
bli forstått**



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**forstå andre
empati**



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**forstå meg selv
selvempati**



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**mestring • ferdigheter
kunne noe**

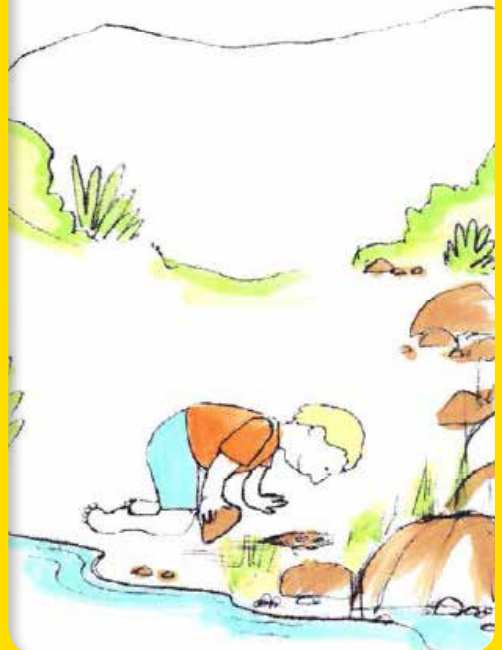


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**å lære • å undersøke
å oppdage**



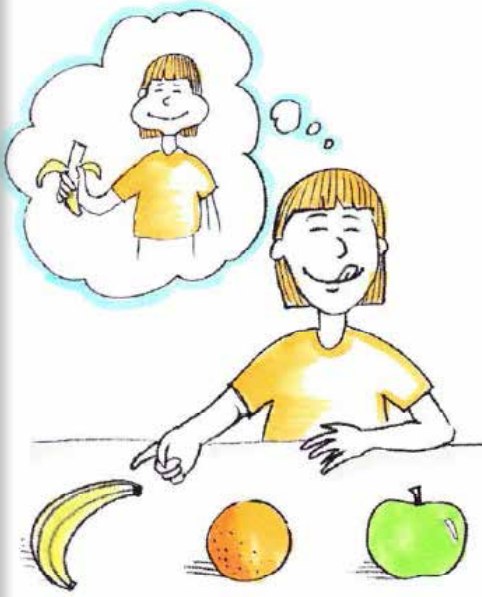
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bestemme selv
velge • frihet



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kreativitet
skape noe



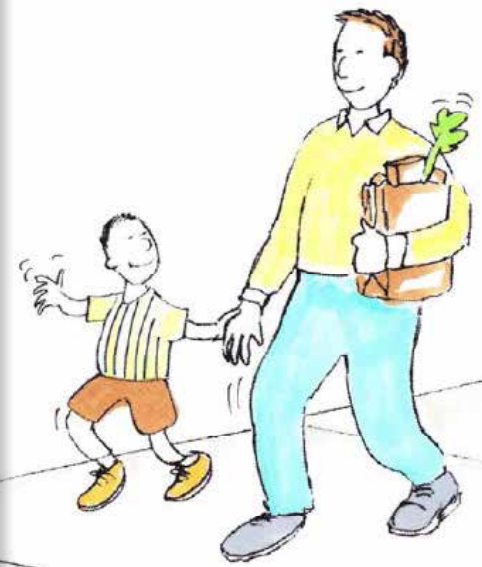
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sikkerhet • tillit
trygghet



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å gi • å dele
hjelpe andre



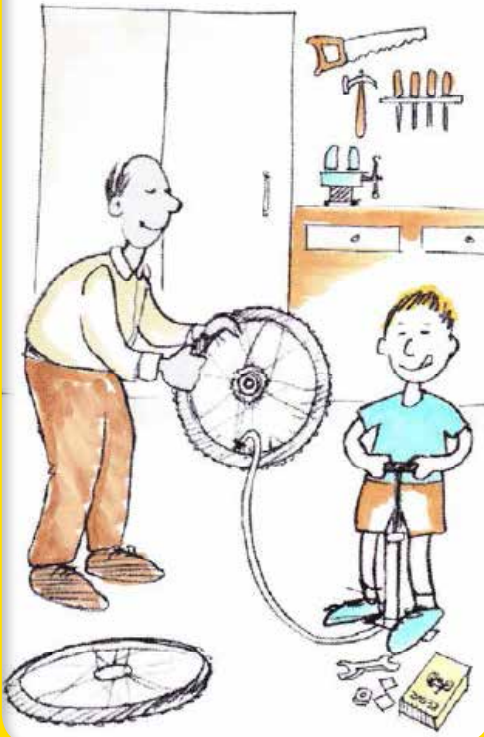
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hjelp • støtte



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respekt • ha betydning
bli tatt hensyn til



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